Undergraduate Honors Courses

-Four Honors Courses (Either Honors General Education or Honors Contract Courses)

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Experiential Learning Component (Select HNRS 387 and 1 other):

- HNRS 387 (1 credit) Honors Civic-Learning Project

- Experiential Learning Component 2
  Options: Internship, Practicum, Teacher Preparation, Study Abroad

Capstone Requirement:

-Colloquium, Thesis, or Departmental Capstone Course

Undergraduate Research - Select 2 of the following:

- Research Component 1

- Research Component 2
  Options:
  - HNRS 226 Research Apprenticeship (3 credits)
  - Educational Poster or Oral Presentation at a Conference
  - Successful app. for and completion of an Undergrad Res Grant Project
  - Publication of an article in a research journal
  - HNRS 200 Peer Education and Leadership (3 credits)
  - HNRS 301 Monarch Think Tank II (3 credits)
  - HNRS 497 Independent Study (3 credits)
  - HNRS 498 Independent Study (3 credits)
  - HNRS 499 Senior Honors Thesis
  - Independent Study in Major or Minor
  - Summer Research Experience for Undergraduates

Campus Events (one per semester)

Honors College students are required to attend one campus event per semester. Campus events may not include an athletic event (i.e. Football game). To receive credit for attendance, please email the Honors College at (honorscollege@odu.edu) with the title of the event, the name of the presenter or department/group hosting the event, and a short description of what you learned from the event.

1. ________  2. ________  3. ________  4. ________  5. ________  6. ________  7. ________  8. ________

ePortfolio Created and Shared: ________ (date)  ePortfolio Dates Reviewed: ________ ________ ________ ________

MEETING DATES  ________  ________  ________  ________  ________  ________  ________  ________  ________

☐ Graduated  ☐ Removed

Semester ________  Reason ____________________